



## **Practices**

- Players must arrive at the field ten minutes prior to practice time.
- Players must practice in the Soccer Elite practice uniform.
- Players must come with a properly inflated soccer ball.
- Players must wear shin-guards.
- Players must bring plenty of water or sports drink.
- If a player must arrive late or leave a practice early, the coach must be notified in advance.
- If player needs to miss a practice, notification must be made to the COACH.
- Players are allowed to practice with other teams in the club (check with both coaches first).
- Parents are not allowed to step on the field to talk to the coach or the players.
- If you would like a conference with the coach, an appointment must be made either before or after the practice or at some point during the coach's free time.