



The FCWE Developmental program (DP) is a supplement to the traditional travel program. It offers girls age 8-12 years old the opportunity for advanced development in soccer through a progressive and sophisticated curriculum and unique academy structure.

The Developmental program is structured so that players train in age group pools instead of teams. The unique pool training structure provides maximum opportunity for players to develop solid fundamentals as individuals before progressing into a team environment. As players progress through the DP's age groups the focus of the pool training moves from individual development to group and team training. The Developmental program is committed to providing the correct environment and structure to create a well-rounded, competitive ready player.

The Developmental program follows a training curriculum that is innovative, challenging, and FUN. The unique structure of the Program and the distinctive nature of the curriculum is conducive to optimum player development. The objective of the curriculum is to develop each of the four components of a player: Technical, Tactical, Psychological, and Physical in a progressive and age appropriate manner.

The Developmental program is a challenging and rewarding experience for the players involved and serves as a bridge to select soccer. The Elite Staff are licensed coaches that pride themselves on providing a FUN & SAFE learning environment that facilitates player growth and passion for the game.

The fundamental ideas inherent in the Developmental Curriculum are the following:

- 1) Teaching the techniques of soccer utilizing a combination of fundamentals training, games, and active, game-related repetition
- 2) Providing an enjoyable environment to learn which builds **ALL** Players' self esteem
- 3) Setting seasonal goals defined by the degree of technical development, improvement of fundamental tactical awareness, as well as retention
- 4) Developing seasonal goals and objectives through a progressive curriculum structure that facilitates optimal player development
- 5) Trying to instill in the players the notion that we should always try to win our games, however, the true game result is **HOW WELL YOU PLAY** and how much you improve
- 6) Committing to the concept that the purpose of youth athletics is not to develop athletes, **but to develop youth**

As the game of soccer continues to evolve, the area that requires urgent improvement is our youngest recreational age groups. The Developmental Program is committed to bringing more technical expertise into the U8, U9, and U10 programs, creating a curriculum of instruction specific to developmental needs at each age group level. The quality of development at these age groups becomes a key contributor to player success at the competitive level. The Developmental program has the focused objective of developing players of all skill levels, and preparing those players for the game at the competitive level.

The Developmental Program is a bridge to Premier soccer; as such the program demands that our most qualified, experienced coaches get more involved with running the program for the youngest ages. The future is bright, but it's not guaranteed. As we all know player development is a long journey. We must be patient in our approach, but we must also ensure that we start navigating the long journey in the right direction-the Developmental Program model provides that direction.

The Developmental Program is a unique and cutting edge program. Understanding the importance of individual player growth at younger ages the Developmental program has implemented a unique pool training system. The innovative Developmental Program pool structure allows for an equitable opportunity for each player to develop within the program. It allows for players to become more versatile at a young age, having the experience to play many different types of players with unique strengths and weaknesses. It promotes flexibility and the opportunity for players to be exposed to many young players like themselves

The Developmental programs curriculum follows a progressive model based on key developmental needs that have been identified for each age group. The year-long program is divided into modules that follow a progressive curriculum that focuses on fundamentals, applied technique through small sided games and tactical awareness in game situations. The Elite coaching staff will follow the coaching curriculum developing the technical, tactical, physical and mental components of the game in an age appropriate manner. Through this curriculum, coaches are able to develop their players and groups within their pool in a way that best suites their progress and developmental needs.

The Developmental Program addresses key pitfalls in traditional Academy programs with an innovative hybrid training structure and progressive curriculum that focuses on age appropriate, player focused development. The key to preparing players for the competitive level is ensuring that there is every opportunity to develop in a way specific to each player's developmental needs in an environment that is FUN, challenging, but most importantly rewarding for everyone involved.